

TITLE: DIETARY CONTROL OF ARACHIDONIC ACID METABOLISM
ABSTRACT

Compositions for the treatment of symptoms of inflammatory disorders may include gamma-
5 linolenic acid or dihomogammalinolenic acid, an inhibitor of Δ^5 desaturase, and optionally
stearidonic acid or ω -3 arachidonic acid. Preferred formulations may be in the form of a good
tasting, preferably milk or fruit based drink, or a dried powder. Compositions reduce inflammation
and inhibit increase in serum arachidonic acid associated with gamma-linolenic acid.

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